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Diplomat American Board of Gastroenterology

Diplomat American Board of Internal Medicine

Name _____ Procedure Date _____ Time _____

Upper GI Endoscopy

Upper GI Endoscopy allows your doctor to look directly into the beginning of your gastrointestinal (GI) tract. The Esophagus, Stomach, and Duodenum (the first part of the small intestine) make up the upper GI Tract.

Before the Exam

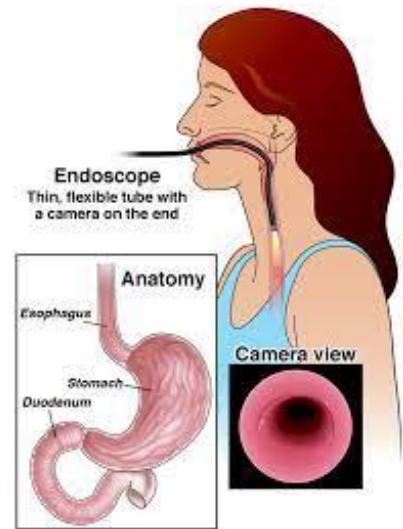
Follow these and any instructions you are given before your endoscopy. If you don't follow the doctor's instructions carefully, the test may need to be cancelled done over.

Note: Please STOP aspirin 81 and Blood Thinners 5-7 days before procedure (unless directed otherwise)

- DO NOT eat or drink anything after midnight the night before your exam.
- Bring your x-rays and any other test results you have.
- Because you will be sedated, arrange for an adult to drive you home after the exam.
- Tell your healthcare provider before the exam if you have any medical problems.

The Procedure

- You lie on the Endoscopy table.
- Your throat may be numbed with the spray or gargle. You will be given sedating (relaxing) medication through an intravenous (IV) line.
- You swallow the endoscope. This is thinner than most pieces of food that you swallow. It will not affect your breathing. The medication keeps you from gagging.
- Air is inserted to expand your GI tract. It can make you burp.
- The Endoscope carries images of your upper GI tract to a video screen. If you are awake, you may be able to look at the images.
- After the procedure is done, you rest for a time. An adult must drive you back home.
- Call you doctor if you have: Black or tarry stools; blood in stool; fever; persistent pain in your abdomen.



Clara Maass Medical Center – 1 Clara Maass Drive Same Day Surgery Belleville, NJ 07109 (973-450-2775)
St. Michael's Medical Center – 111 Central Avenue Admission Department Newark, NJ 07102 (973-877-5100)
Northfield Surgical Center – 741 Northfield Avenue West Orange, NJ 07052 (973-243-1062)
Suburban Endoscopy Center – 799 Bloomfield Avenue Verona, NJ 07044 (973-571-1600)

*Suburban patients only- Please go to www.suburbansc.com & fill out forms under clinical history.

- You must call the office if you did not make a 2 week follow up appointment for results after your procedure.
- NO results will be discussed over the phone.
 - 614 Franklin Ave Nutley, NJ 07110 (973-667-6444) _____
 - 116 Millburn Ave Millburn, NJ 07041 (973-376-2121) _____